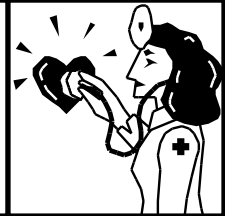


The Pulse

Volume 2:4 July 2009



California Hospital School of Nursing Alumni Association
PO Box 88585
Los Angeles, CA 90009

President's Message

Our timeline in history must be documented and recorded. We need all CHSN Alumni to document the events that have occurred during their training and nursing careers. Look at the blank page, "Tell Us About You"; if every Alumni took the time to put a thought or remembrance (or even an opinion) on that page we'd have a much better picture of the changes in nursing from year to year. Let me tell you a story: I went through the Nurse Practitioner Program at LA County-USC Medical School in 1980. This program was under the auspices of a medical doctor, not nursing. Only eight nurses were admitted to the program that year. This was the beginning of the Nurse Practitioner Programs. There were six nurses from LAUSD, one from Orange County and one that was employed at LA County USC. We started the Monday after the end of the school year in June 1980. I remember when I entered the room, there were two other nurses from California Hospital School of Nursing: Barbara Ellis, Class of 1964 and Zeleen Franklin, Class of 1959. With three (out of the eight) of us from CHSN that meant high standards! That summer we had classes everyday from 9 to 4 with lectures from 9-12 and 1-4. We were drilled every morning. I was the first to be asked a question (I could hardly wait for the questions — I wanted to get it done!) Then each of my classmates in turn were asked questions.



Every night we studied hard for the next day, all summer long. We did not get paid for our schooling; indeed, we paid the high tuition for the USC Medical School. Most of us had families, so life was pretty busy. We became very close as we studied together, gave each other support and in turn, became life-long friends. The program lasted throughout the next school year: during this time we were supervised by LAUSD doctors, with afternoons spent in the Pediatric Clinics at LA County-USC. What an opportunity to learn! We had rounds with the interns and gave the newborns their first exams (none of the interns and residents were interested). We took every opportunity to learn and we became the best. As you know, many other nurses did not welcome the idea of Nurse Practitioners or found it difficult to accept this role. When you are one of the first, there are a lot of challenges. I give credit to each of us: we wanted to expand our roles and to learn medical skills to help children. I am going through this story to make sure you know that my friend, Barbara Ellis, Class of 1964, was one of the first Pediatric Nurse Practitioners with the Los Angeles Unified School District and excelled at this role until her retirement in June, 2005. In October 2005, Barbara was diagnosed with breast cancer. She found the lump during breast self-examination. Every time I talked to her she was always positive. She had the most charming and affectionate voice; I loved her view on problems. Zeleen, Barbara, and I were close because no one had set examples on how to be a Nurse Practitioner yet, so we did what we thought was profes-

For questions regarding current addresses/Mailings, contact:

Elvy Gustafsson (CHSN Secretary) at (626) 281-4631

311 N. Almansor Street, Alhambra, CA 91801

or email at: elvy@IBTnet.org.

sional. Barbara passed away on June 10, 2009. I went to her services and several of her 1964 classmates came, and were able to speak to the congregation. It was wonderful support for Barbara. We were proud of our education from USC. WE WERE SOME OF THE FIRST PEDIATRIC NURSE PRACTITIONERS: now the role is accepted and has been expanded to encompass other specialties. History will show that CHSN Graduates became the first Nurse Practitioners over 29 years ago, and we have watched as it has changed over time to the role it is today. We had such a unique experience being part of the start of a new role in nursing. As I write this, thoughts and memories of Barbara dominate my thoughts. If everyone of us takes the time to record your memories and experiences, we'll be able to keep our history alive for ourselves and future generations.

Joyce (Scheffel) Jacob

Class of 1960

3204 Canal Point Road

Hacienda Heights, CA 91745

(626) 333-5155

joyceajacob@aol.com

Tell Us About You....

Your commentary on life, etc....

Sorry, no submissions received from any of you this time; please write and encourage your classmates and other alums to keep in touch. It can be as simple as announcing an address change, recent/planned trip, a short update on your life now &/or since nursing school, or maybe your feelings about current



events or medical-nursing issues. Looking for inspiration? Check out the web or one of your nursing journals for science or medical issues. Comment on the state of hospital/dinic/surgical/specialty nursing today versus how we were trained. What do you think about/give your opinions of the new TV shows: Nurse Jackie or HawthoRNe. See the attached form in the newsletter and send it to the PO Box or you can send an electronic note to the editor (please leave a identifying subject note on the email so that I can recognize that a CHSN grad is sending me something). As our fearless leader, Joyce says, "your content makes this newsletter the best it can be."

—The Editor

Cruising the web looking for things CHSNAA related? Check out the web *Archive* located at www.chsnarchive.org and with over 1,000 records to date, including portraits, candid shots, personal correspondence, marketing material, and curricula related to the School of Nursing. The design of the *California Hospital School of Nursing Digital Archive* is under the direction of the Studio for Southern California History, a nonprofit dedicated to Southern California's social history, and the Alumni Association.

Visit the website to see what others have written or said about their CHSN experiences!

Business Meeting Reports:



Treasurer's Report (Lucinda Westhafer, Treasurer):
Checking account \$16,922.10. Covington/Schwab account balance \$221,464.30.

Archives (Margaret Souza & Diane Hara reporting):
Display of (digital) Nursing History Archive wall for

For questions regarding the Treasury, contact:

Lucinda "Cindy" Westhafer (Treasurer) at (310) 216-1586
7050 Kittyhawk Avenue, Los Angeles, CA 90045

or: lwesthaf@ucla.edu

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Azusa Pacific U. viewed by Board members. The Conservancy of Nursing History has received a commitment for another \$10,000 from Kaiser Healthcare. Commitment for designated space at APU may be coming soon.

Merchandise (Barbara Jury and Grace Mizuno reporting): sales of CHSNAA merchandise at Homecoming 2009 good. Still with available stock on hand.

Scholarship (Barbara Jury reporting): As per the 2009 Homecoming voting body elections, changes to the Scholarship/Tuition reimbursement application eligibility have been voted in. Updated applications can be obtained from Barbara (see posted address to contact).

NurseMADE (Diane Hara, Claudia Stiver, and Grace Mizuno reporting): Current donations from 2009 Homecoming were distributed to CHMC's NICU and Emergency Dept.

Newsletter (Mary Ann Hayase reporting): Although a lot of material is in the post-Homecoming issue, we need continued alumni participation writing newsletter entries. Please encourage all your classmates and friends to keep us updated with your current address/phone number/email address, and your reports of what's been going on with you.

Some Photos from Homecoming 2009 (courtesy of Dr. Arnold J. Kalan): **Hope you can identify everyone*



For other questions, contact: Claudia Stiver (Director)
620 N. Colfax St.
La Habra, CA 90631 (562) 691-1939



For other questions, contact: Patty Healy (Director)
558 Rialto Avenue
Venice, CA 90291 (310) 581-0048



Questionnaire for the California Hospital School of Nursing Alumni Association: mail to the PO Box

Please take your time to answer each question. Use separate pages for more space. Print clearly or type your responses; they will be recorded in the California Hospital Digital Archive & posted on the Archive's website.

Name: _____ Maiden Name: _____

Graduation Year: _____ Address: _____

City: _____ State: _____ Zip Code: _____ Grad year: _____

E-mail: _____

May we contact you for photographs or for an interview? Yes No

1. How old were you when you first thought about becoming a nurse? When did you definitely decide to become a nurse? What influenced this decision? (For example: a parent or teacher, fictional or real figure in history, a war, etc.).
2. How would you describe your background? Your parents? Did you come from an extended family or a smaller family unit?
3. What or who were your support systems prior to coming to CHSN? Did your support systems change?
4. What schools of nursing did you consider? Why did you choose California Hospital School of Nursing?
5. What do you recall of the application process? Who interviewed you? Was it an individual or group? One interviewer or more? Where was the interview held? What was it like?
6. What are your early memories of your first classes at the School of Nursing? Who were your first teachers? First impressions? What was California Hospital like when you arrived?
7. If applicable, what do you remember about moving into the dorm? Did you have a roommate? Was she someone you already knew? What was your first encounter like?
8. If applicable, what are some of your favorite memories of dormitory life? What social events stand out in your memory? Memories of study hours? Lock out? Housemothers?
9. What are some of your favorite memories of time spent in the Library? During study hours? After class? Doing research?
10. Where were you living before you came to California Hospital? If different from Southern California, what were your first impressions of the place?
11. What was downtown Los Angeles like when you arrived? Did any major events occur when you were at California Hospital? Refer to list below for examples of historic pivot points.

1941: The bombing of Pearl Harbor

1960-1974: Vietnam War

1942: The internment of Japanese Americans

1965: 5-year Delano Grape Strike

1943: Zoot Suit Riots

1965: Watts Riots

1944: End of WWII

1968: Assassination of RFK at Ambassador Hotel

1950: Korean Conflict

1969: Manson murders

1954: Opening of Disneyland

1973: Election of Tom Bradley, LA Mayor

1957: Dodgers come to LA

1984: LA hosts the Summer Olympics

12. What are your first memories of your early clinical experiences?
13. What are your memories of your capping ceremony?
14. What were your favorite classes in nursing school? Why?
15. What did you usually wear to school? Describe it?
16. Were there nurses or other hospital staff members who had a positive influence on you? Who were they?
17. What were your favorite floors to work on? Why? Least favorite? Why? What shifts did you like best? Least? Did you work for pay?
18. Who were your favorite patients to work with? Why? Can you remember any stories that illustrate This?
19. Who were your favorite doctors? Head nurses? Supervisors? Nursing instructors? Hospital administrators? Why? Can you remember any stories that illustrate why he or she was your favorite?
20. What are your memories of your Affiliations? What are they? Positive and negative? Be sure to Include specific information.
21. What do you remember about the cafeteria? Your favorites? Night lunch? Dorm food/snacks?
22. What do you remember about your graduation ceremony?
23. What was your first job in nursing after graduation? Was it in the area of nursing that most interested you? Did you remain in this area of nursing throughout your career?
24. What other areas of nursing did you pursue? What influenced your job/career changes?
25. If applicable, what college or school did you attend prior to and during your education at CHSN? Favorite classes? How did you commute to and from classes? If you drove, what kind of car did you have? Did you have any favorite teachers?
26. Did you pursue further education after graduation from CHSN? What degrees, certifications, etc, did you earn? From what colleges, universities, educational programs, etc?
27. Did you pursue a career (careers) other than nursing? What and why?
28. Have you received any form of recognition or acknowledgment apart from your nursing career? What were they associated with?
29. Did you join the military after graduation? Which branch? What was your rank at the time of discharge? Did you travel in the course of your service? If so, where? What are a few of your most memorable experiences while in the service?
30. What is the best thing about nursing to you?
31. What is the worst thing about nursing to you?
32. Why should we remember California Hospital School of Nursing?
33. Please include any other memories, experiences, or thoughts that you wish to share.

For information regarding the Archives, contact: Margaret Souza (VP)
 11708 Pruess Avenue, Downey, CA 90241
 (562) 869-5505 or email: MAS240D@aol.com

CHSN Alumni Association: Merchandise Price List

Merchandise	Available Sizes (circle order)	# desired	Price/one	Price/two	Subtotal	*Pick-up?	Ship? (Y/N)
Blue Sweatshirts w Gold CHSN Logo	L XL		\$15	\$25			
Blue Sweatshirts w Gold CHSN Logo	XXL XXXL		\$17	\$28			
White Polo Shirts w Blue CHSN Logo	L XL		\$15	\$25			
Tote Bags w CHSN Logo	N/A		\$10	N/A			
Fanny Pack w CHSN Logo	N/A		\$6	N/A			
Stainless Steel Travel Mug w CHSN Logo	N/A		\$10	N/A			
Wine/Burgundy Leather Planner/Organizer w embossed CHSN	4" x 7"		\$12	N/A			
Navy blue Baseball Style Cap w Gold CHSN Logo	Adjustable		\$8	N/A			
CHSNAA Memory Cookbook	N/A		\$20	\$40			
Commemorative CHSN Display Brick	Variable Appearance		\$25 on site \$40 w S/H				

Shipping/Handling= \$5 per order (not including Brick – see above) \$ _____

Make checks payable to CHSN Alumni Assoc. Total amount due \$ _____

Please print legibly:

Ship to: _____

City _____ State _____ Zip Code _____

Phone # (_____) _____ (In case we need to reach you)

E-mail _____

***Note if pick-up desired, arrangements must be made at time of order with the Merchandise Committee Representative**

California Hospital School of Nursing
Alumni Association
PO Box 88585
Los Angeles, CA 90009

****Return Service Requested****



Homecoming 2010 will be Saturday, April 17, 2010. Start planning now—reserve the day!

Honored Class for 2010: the Class of 1960 (50 years)

Other honorees: to be announced

Submissions for *The Pulse* may be sent to the PO Box or emailed to the Editor. Please include a CHSN identifier(s) in the email subject line/message if any attachment(s) enclosed.