

# The Pulse

Volume 1:4 May 2010



**California Hospital School of Nursing Alumni Association**  
**PO Box 88585**  
**Los Angeles, CA 90009**

## President's Message

The California Hospital School of Nursing Alumni Association 2009-2010 year had many different activities and events. Of course, it went too fast! This past year involved a continued commitment to the Western Conservancy of Nursing History. Margaret Souza, Diane Hara, and I attended monthly meetings and we have seen much progress. We now have a Wall of Nursing History in the School of Nursing lobby at Azusa Pacific University—it is beautiful! I encourage you all to go and visit! This wall was done by Dr Sharon Sekhon, who also has completed a deck of Nursing History cards that are available for sale thru our Alumni Association. There is also a traveling poster display of Nursing History that will be viewable both at conferences and our Alumni Homecoming meetings. As regards to the finances of the Western Conservancy, we have been very fortunate to have secured a commitment to more Kaiser funding this year (\$10,000 annually for a total of \$50,000) but are looking into writing grants for continued funding. If you are a grant writer or have grant writing experience, please contact Margaret, Diane, or me for further details. The archive materials have now been moved into an area called the Fletcher Jones library, which includes several rooms and has an available meeting room.



California Hospital itself has benefited from our association with Dr Sekhon; she is the creator of the updated display in Keck Hall of Nursing and Hospital History. This year (2010) we look forward to viewing another new display by Dr Sekhon in California Hospital's Lobby celebrating the start of the 125 year anniversary of CHMC in 2012. You can bet there will be a lot of CHSN represented there! I know that I'm looking forward to seeing it!

Meanwhile, our own NurseMADE has been busy with creating and donating to CHMC's NICU/Pediatrics crib covers, baby caps, etc. , along with other assorted donated clothing to CHMC's Emergency Department. We also responded to a plea for help from CHMC's Pediatrics Department by donating \$1500 for a bedside chair bed that the parents of hospitalized kids can spend the night in.

This past year, your CHSNAA has awarded one \$2000 scholarship to Karen (Walker) Edwards, Class of 1978 for Graduate Studies in the pursuit of a CSN degree and also awarded \$479 in Tuition Reimbursement to April (Blumenthal) Garland, Class of 1982 for a Case Management Course. As always, please send your scholarship or tuition reimbursement queries to Barbara Jury. We're looking forward to more applications this coming year.

And each year, don't forget that your CHSNAA Board meets about every month, doing the business of cataloguing our historical artifacts/photos/papers, arranging our catering/decorations/entertainment and class for our annual Homecoming, evaluating our previous Homecoming event to work out any perceived problems, meeting with our investment professionals, and putting out our newsletters (four mailings required/year: the pre- and post-Homecoming issues are folded and stapled/labeled/sent to about 700 alums!).

Whew! As you can see, your CHSNAA is very active working for you! Next Homecoming is scheduled for Saturday, April 9, 2011. Gather up your classmates and establish a class historian to record your class histories. Remember, to paraphrase our instructors, "If you don't write it down, it didn't happen" Establish a round-robin email or snail mail circuit to keep all of your class up to date. And, of course, don't forget to save the date!

Joyce (Scheffel) Jacob  
Class of 1960  
3204 Canal Point Road  
Hacienda Heights, CA 91745  
(626) 333-5155  
[joyceajacob@aol.com](mailto:joyceajacob@aol.com)

For questions regarding current addresses/Mailings, contact:

Elvy Gustafsson (CHSN Secretary) at (626) 281-4631

311 N. Almansor Street, Alhambra, CA 91801

or email at: [elvy@IBTnet.org](mailto:elvy@IBTnet.org).



Cruising the web looking for things CHSNAA related? Check out the web *Archive* located at [www.chsnarchive.org](http://www.chsnarchive.org) and with over 1,000 records to date, including portraits, candid shots, personal correspondence, marketing material, and curricula related to the School of Nursing.

The design of the *California Hospital School of Nursing Digital Archive* is under the direction of the Studio for Southern California History, a nonprofit dedicated to Southern California's social history, and the Alumni Association.

### **Homecoming 2009 Reports:**

This year marks the first year's Homecoming without a 25 year class to celebrate, since the CHSN closed in 1984. Instead, we celebrated our 50 year alumni, the Class of 1960, along with our honored guest Dr Erwin Kaye who spoke about his memories of his "California Hospital days". (See the associated article, of Dr Kaye's speech). As before, we began with recording interviews of our assorted alumni as conducted by Dr Sharon Sekhon but were also honored by the presentation of a new CEU class "A History of Nursing" as presented by our own CHSNAA's Diane (Harris) Hara, Class of 1974.



A champagne reception, with shrimp, cheese and fruit platters followed the class. We had about 100 attendees, representing the Classes up to the last Class of 1984.

A buffet luncheon followed the reception, with food and service provided by City Kitchen Catering (Chicken, Salmon, roasted potatoes, green beans, salad, bread, plus assorted cookies, and pastries).

President Joyce Jacob introduced the 2009-2010 CHSNAA Board: VP Margaret Souza, Treasurer Cindy Westhafer, Secretary Elvy Gustafsson, and Directors Barbara Jury, Grace Mizuno, Claudia Stiver, Diane Hara, Mary Ann Hayase, and Patti Healy. The minutes of the April 18, 2009 Business meeting were read by Secretary Elvy Gustafsson, and approved by the attending voting alumni. Treasurer Cindy Westhafer presented the financial year in review (see attached budget). Director Diane Hara and VP Marga-

ret Souza spoke of the activities of CHSNAA's Archives Committee and the Western Conservancy (see specifics in the President's Message). Director Barbara Jury spoke about the extent of the day's Merchandise sales so far, and the new deck of Nursing History cards now available. Director Mary Ann Hayase thanked all alumni for their kind words/thoughts about *The Pulse* newsletters, and urged all alumni to write in, email in, and contribute to let everyone know your opinions and what you are up to. See attached "Tell Us About You" forms prn.

Election of the Officers/Board members for the 2010-2012 followed, with the results of the reelections of:

President Joyce (Scheffel) Jacob, Class of 1960

VP: Margaret (Wolfe) Souza, Class of 1958

Directors: Barbara Jury, Class of 1950

Claudia ( Sherrad) Stiver, Class of 1955

Grace (Kakuta) Mizuno, Class of 1955

Prior to cake service, the Honored Class of 1960 (50 years) was presented. These are their stories (*apologies for any errors and that photos may not match up with individual stories: I will be happy to print any corrections submitted— The Editor*):

Jane (Araki) Summers: Worked mostly OR. Live in Paso Robles. Married with 2 kids, 8 grandkids. Retired

Lilyan (Pedersen) Snyder: Living in Santa Rosa. Worked OR after graduation (2 years CHMC, 1 year Yale Medical, Worked 2 places in Seattle. Did Air Force service. Married with 2 daughters. Still working.

Lorraine (Malone) Spargo: Known as "Molly" to half the group,

and "Lorraine" to the other half. Worked hospital and

bedside nursing, then a n MD office, followed by Psych

nursing. Living in Arroyo Grande, CA. Married 48

years. Happy memories of lots of class reunions, Spring & Winter luncheons.

Rhoda (Blackie) Hushower: Living in Landsdowne, VA in a Leisure World-like facility for 10 years. Husband deceased. 1 grandson. Have lived all over the country. "This is such a special group". Planning many more reunions.

Barbara (Berg) Phillips: Worked OR, Lamaze. Then started

teaching Lamaze since enjoyed it so much. Went b a c k to school, got degrees, then started teaching at

Modesto, CA (JC Nursing). Married, with 1 daughter,



For questions regarding the Treasury, contact:

Lucinda "Cindy" Westhafer (Treasurer) at (310) 216-1586  
7050 Kittyhawk Avenue, Los Angeles, CA 90045

or: lwesthaf@ucla.edu

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and 10 year old grandson

Loretta (Peltier) Boteler: Haven't seen classmates for 11 years. Had miscellaneous jobs at Monterey City Hospital. 2 kids. Moved east in 1973. Now in Fishersville, VA (2 hours south of Washington DC). Worked

until

3years ago in dermatology. Have 6 grandkids.

Marlene (Schwartz) Overbeck: Taught, worked as School RN (floated back and forth). Have worked as a School RN for the last 14 years. Moved to Visalia, CA in 1977. Have 3 kids (lost 1 daughter).

8 grandkids, with 3 bonus grandkids Married 50 years this September Found some online CHSNAA classmates.

Dagmar (Zerfas) Lamy: Worked CHMC x 7 years—2

South with Mrs. Adams, then 2 North. Was Head Nurse on 3 East. Then moved on to the VA, starting a Respiratory Unit. Got tired of shift RN work and quit for a vacation. When ready for a new job, went to Santa Monica Hospital for a job where Barbara Wohlford

(CHSN grad) was Director of Nursing. Asked about an IV RN position but ended up as a Head Nurse x 27 years. Now living in Laguna Woods. Retired.

Crystal (Stewart) Wolters: Worked Riverside Hospital until got married and moved to Idaho. Worked at Community Hospitals. 4 kids, 11 grandkids. Supervisor & director of Hot Lunch program. Married 50 years.

Gwen (Kruse) Mask: Roommate with Diane Ditmore.

Remember being told, "Don't talk to the cops at Central Receiving. They're all married or

lying." Carol Howke introduced me to a rookie cop and gave him my phone number. Got permission to marry 1 month prior to Graduation from Miss Nicholas. Have 3

kids, 7 grandkids. Worked PACU (back after 10 years absence after ACLS, PALS, arrhythmia recognition updates). Survived many JCAHO's

Jean Galbraith: Worked CHMC for 1.5 years on 2 East. Moved to Admitting x 9 months. Wanted Industrial



Nursing: worked Occidental Employee Health, Packard Bell, and Industrial Indemnity. Went back for degree in 1969. Planned on 2 years away; was out of bedside x 6 years worked Meningitis Epidemic in the ID unit with new equipment, specializing patients. Didn't lose any. Went back to Industrial Indemnity. 10 years later got degree. Had own Case Management business. Then, did extra schooling to become an aesthetician/facialist with own business. Have since downsized the business, planning another 2 years.

Diane (Hefington) Landgraf: Married after training (had dated 3 years). 2 kids, husband. Tool & Die School. Worked as IV RN then moved to outside Portland. Worked as office GYN RN until kid (Randy) diagnosed with leukemia, after that just worked as an RN at home. Randy had a remission in his ALL till 1974 (post BMT—a pioneer in the Seattle program) and was the longest survivor Randy suffered GVHD, Meningitis, detached retinas, but enjoyed every minute of 2005. Randy lived to 42 years old. Have a daughter in the Midwest, and 2 grandkids. Like to travel with husband; married 50 years this year.

Judy (Corey) Graham: Did flood nursing, worked PT after kids. Now retired. Lots of traveling with husband. Went to Mexico recently—went parasailing! Previous trip—went zip lining!

Susan (Bechtel) Walker: Judy B. was my forced roommate. Worked Blue Cross x 2 years, then Nocs at Saint Joe's in Burbank. With 1st husband played Property Monopoly. Worked L & D (surprisingly, since didn't like it in training). "They were amazed at how well I'd been trained." Worked Verdugo Hills Hospital—offered a Charge RN position. Stayed home to raise kids. Ran a Property Management business. Married to 2nd husband x 28 years. CA survivor x 2 years (Breast CA—made all the girls get mammograms and discover-

For other questions, contact: Claudia Stiver (Director)  
620 N. Colfax St.  
La Habra, CA 90631 (562) 691-1939

ed that daughter also had CA). A wonderful  
50 years. Most appreciated my friend Judy.



Ruth (Wintersteen) Gonfa: Worked CHMC x 1 year  
(1st 6 months worked with RN doing all IV's  
and EKGs). After 2 years, went to Ethiopia x

13 years. Had learned useful skills: had to  
make own IVs, baby formula, sterilizing tools.

Came back to USA, married with little girl  
(Ethiopia had become a communist country,  
making life difficult). Now living in Ontario area  
but moved to Hemet after Ethiopia. "American  
hospitals are so different". Little sister had  
to reorient me, "this is our crash cart".



Margit (Mueggler) Schmid: Living in Lompoc. Came from  
Switzerland in 1957, had 1.5 years training in Zurich.  
Got some credit but had a total of 4 years training—6  
months ahead of others. Worked Santa Barbara  
County Health, Valley Medical Group in Lompoc.

Worked OB and L & D for last 20 years. In  
the last year worked Postpartum nursing.  
Enjoys teaching patients using Spanish  
language knowledge



Joyce (Scheffel) Jacob: Started at 17 years old. Dad was on  
staff as an Orthopedic Surgeon but died during train-  
ing period. Married in 1950. Have 2 sons, 5 grandkids  
who live close by. Lots of fun with classmates. "Thank  
you all for coming".

Joanne (Howatt) Hungrige: Went with 2 classmates to the  
recruiters. Navy had a cute recruiter so went to talk  
with him. Remember Miss Tobinisms, "If you make a  
mistake, get over it and don't look back."

After signing up with Navy, ended up in Okinawa,  
working Neurosurgery. Worked Medical Emergency  
Start up with NAS. On transport plane was informed  
on flight "that we would be jumping out of the plane."  
First experience with jumping. Fortunately, helpful  
Petty Officer gave some instructions. (The commander  
who jumped with us broke both his arms). Got out of  
Armed Forces as soon as possible (2 years). Met future  
husband "an officer & a gentleman". Worked Santa  
Monica hospital Doctors; Hospital in ICU. Started  
something new, a "CCU". Had crash training course.  
Started unit without MDs available, running off  
protocols. First patient cardioverted was a hospital  
administrator—no budget problems after that! After  
9 years, had 1st child, then twins. Moved to Maryville  
area, worked ICU until retiring.



Marvene (Olsen) Larson: Married 1 month prior to Graduation  
(with permission from Miss Nicholas). First job was at



**Presenting the Class of 1960 at Homecoming 2010**

## **Dr Erwin Kaye's California Hospital Memories**

"Thank you so much for inviting me. I am amazed at the number of people who show up, the number of alumni and the degree of support." Dr Kaye spoke of 'a very pleasant experience' interviewing with Dr Sharon Sekhon today. Some stories from the past...

"I remember my first day at California Hospital. It was July 7, 1950. Remember the old entrance to the hospital on Hope Street—it was 2 flights upstairs to get to Admitting. Used to send patients over there from my office to be admitted and never gave it much thought until I sent over a young man with pneumonia, and later discovered him only halfway up the stairs (had to help carry him up the stairs with another doctor)." He remembered reading bulletins from the start of California Hospital describing it as "an elegant hotel for the sick", along with "a sense of congeniality and friendliness". Dr Kaye spoke of the old Coffee Shop, which was a great meeting place, with many a free consultation taking place in those booths, and of course, the old Soda fountain there. Remember the old ER? It was barely equipped, with only a single monitor—would call doctors from across the street to help. He also recalled a fundraising project for the student nurses that took place on the North Wing's stairs with each sponsor paying \$1-2/run up 8 flights of stairs, with a cap of \$100. Dr Kaye's sponsored student nurse ran up and down 90 times! (He doesn't remember who—please identify yourself). With the Class of 1956(?) during a Christmas Party by

Kaye and his wife, students helped his 4 kids (all less than 5 years old) trim the family tree; 1 daughter still remembers the event fondly.

And having a party for the students at General Lee's in Chinatown, where they thought they had ordered too much food, and even the maitre said, "Don't they feed these kids?" Dr Kaye recognized many names on our *Pulse* issues as former patients, such as Zella Nicholas, whom he recalled as "very prim. I remember her starched cap. And how she barely nodded with hellos. Later found out that she bred/raised collies." Remembered Addie Brown at the Admitting Desk as very helpful; her Retirement party featured a Fire Truck ride down Hope Street. Remembered clinical interactions with Happy Richards (4 South) and a (then new) nasal cannula oxygen delivery system, and Elizabeth Adams as one of the first African American RNs in California Hospital. Still keeps in touch with Bette Heinze, Barbara Jury, Joan Brewer-Gillies.

Remembers one of the famous Rip Days at CHMC when a TV station was present taping the action. Got home and wife asked, "What did you do? How was your day?" She had seen the news broadcast!

Dr Kaye spoke of living in Hope Manor for 2 years and that every Friday-Saturday night the student nurses enjoyed partying; lots of music, and noise. And sunbathing on the roof was quite a local spectator sport!

He recalled the great contributions of Sam Tibbits, Drs Russell, Kalan, and Gifford, and commended all (alumni) "for your loyalty to the organization."



For other questions, contact: Patti Healy (Director)  
558 Rialto Avenue  
Venice, CA 90291 (310) 581-0048



**Learning about our Nursing History at the CEU Class presented by CHSN graduate & CHSNAA Board Member Diane Hara**

**In Memoriam...**

Darlene (Dolly Valli) Duus, Class of 1954A, passed away March 11, 2010 — Reported by Vivianne (Berryman) Fitzgerald.



Nora (Mace) McDermott, Class of 1976 passed away March 22, 2010. — Reported by Ruth Legg, who relates that Nora was a roommate to Ruth's daughter Jeanne Legg Rasche, Class of 1976.

Margaret Shields Underwood, Class of 1954, passed away March 15, 2010 after a long battle with cancer. She will be remembered as a valuable member of the OR Surgery team— Reported by Joyce Jacob. She was an active alumni attendee, known as one of The 4 musketeers. She was the roommate of Annie Endres Larson, in addition to acting as her Maid of Honor at her marriage, and dear neighbor in Hawaii. Many fond memories.”  
Annie Endres Larson

Class of 1954B  
29915 Avenida Esplendida  
Rancho Palos Verdes, CA 90275  
(310) 377-3960  
*\*Dated March 2010*



Barbara P. Ellis, Class of 1964, lost her 5 year battle with cancer in the early morning of June 10, 2009, leaving behind 2 sons, 2 grandsons, 3 brothers, 1 sister, aunts, and uncles.

When Barbara applied to LA County General Hospital School of Nursing, she was not accepted because the quota for African American

students had already. This setback, however, would not stop her from fulfilling her lifelong dream of becoming a nurse. Barbara went on to enroll in the California Hospital School of Nursing. In addition to providing quality care to her patients over the years, she found joy in teaching nursing students throughout the Los Angeles area. Barbara married Untera "Terry" Ellis in 1965. She also joined the LAUSD where she served for over 35 years as a School Nurse, and later as a Nurse Practitioner with the Child Health and Disability Program. After retiring in 2005, Barbara enjoyed shopping, traveling, and local casino day trips. According to her close friend and fellow RN Betty Dacus, Barbara was the only woman she knew who could play the penny machines and come home with thousands of dollars! Affectionately called "Ba' Pearl" or "Babs" by her loved ones, Barbara's warmth, laughter, and smile will truly be missed.

— Submitted from the obituary program



Barbara P. Ellis, RN

—Thank you for your letter. I will put Margaret Souza and the Archives Committee members in touch with you about your donations.—The Editor.



"I didn't know who to direct the answer to the question about Rip Day. When I graduated in 1963, Rip Day was already an established tradition. In those days, our uniforms were all cotton and laundered by the hospital services. By the time they had been used for 3 years, they were falling apart on their own. The last day, we were sure to wear our capes, even though it was August. We did not wear shorts or t-shirts under our uniforms, but returned to Moor Hall in tatters.

I don't know of anyone who saved any souvenirs. I know the 2 classes before us also had a Rip Day, so that would take it back to the Class of 1961. I think some of my classmates have actual pictures of the day. There is a picture in the 1961 Lamp on page 76 at the top showing a Rip Day. Hope this is some help."

Kathleen (Bowling) Gonos  
Class of 1963  
groni64@sbcglobal.net  
\*Email dated 3/1/2010

"Dear Elvy,

How are you?!?! I'm still up here in the beautiful Northwest but am hoping to come down to LA. for our 50th Anniversary! I finally retired in 2006, but it seems that I'm busier now than when I was working. I hope all is well with you and your family. Give my "hello" to any of our classmates that attend Homecoming in April."

Sharon (Brock) Brooksbank  
Class of 1964  
4618 NE 189th Pl  
Lake Forest Park, WA 98155  
\*Note dated 3/27/2010

### **We Got Letters...**

"Yes, we did have a Rip Day in 1954 and I still have my emblem!"

Vivianne (Berryman) Fitzgerald  
Class of 1954  
toofitzi@msn.com  
Email dated 3/9/2010



"I just received my copy of *The Pulse*. On the story of Rip Day, I have great memories. I am a member of the Class of 1949B. We graduated October 5, 1949. Enclosed is a picture of my classmates and myself in torn uniforms—we were not well received when we got off duty and went to the Nurses' home.

For information about NurseMADE donations, contact: Grace Mizuno (Director) at (310) 325-6568  
2326 W. 236th Place, Torrance, CA 90501 or email at: [gracemizuno1016@660online.net](mailto:gracemizuno1016@660online.net)

"At this time I have no computer or typewriter so I laboriously hand-printed out this piece for The Pulse. If I can do this with my pen, surely others can contribute with more ease. Thanks for your hard work, and to the rest of the Board Members, it was a great Homecoming—a little long, but great, never the less.

From points east, north, and south, 8 members of the Class of 1955B came together at Homecoming, celebrating 55 years as CHSN Alumnae.

Marlene (Hafer) and Carl Hellmann flew in from Illinois (yes, their arms were tired!), Carol (Fritz) and John Latoof came from Riverside, JoAnne (Harris) and Sandy Gruskin came from Cardiff by the Sea, Claudia (Sherrard) Stiver came from La Habra, Grace (Kakuta) Mizuno from Torrance, June (Rindlesbacher), Ray Brown can from La Canada, Brighith (Skaare) Johannessen with Sandy, and Florine (Campbell) all came from Glendale.

From our reserved seats, we enjoyed the proceedings of the afternoon, and whooped it up when Claudia and Marlene won food and drink laden baskets.

An example of the thought-provoking, stimulating conversation overheard at our reunion:

Joanne: "Sandy is thinking of getting into politics—he's so smart. By the way, Sandy did you hear a Podiatrist is running for Governor?"

Sandy: "Yeah, but he'll be defeated. Speaking of da feet, do you know that flamingos stand on one leg because if they picked up the other leg they'd fall over?"

Ray: "I cemented in my yard, except for a small garden plot. No more water and lawn. I will have to call a plumber when the leeks sprout. I'm a good gardener because I have a good sense of humus."  
day I saw a parrot in a raincoat. He called himself Polyunsaturated."

June: "Ray is a man who wants to improve his lot in life. My beautician called today and said she'd see me pretty soon."

Marlene: "The drought broke here after all the rains. The other day I saw a parrot in a raincoat. He called himself "Polyunsaturated."

Carl: "Marlene and I like to hike old trails. We won't get lost because we crossed 2 centipedes with 2 parrots. Now we have 2 walkie-talkies!"

John: "On one of our trips I found something made of wood, but it can't be sawed. Give up? Sawdust, of course."

Carol: "Not much to report, but heard that Xerox once merged with Wurlitzer so they could sell reproductive organs."

Birgith: "The storms caused problems at our Norway home, but

we're more fortunate than many who stand on their porches watching the sunrise and the kitchen sink."

Sandy: "Fortification is the name of the game. Fortification: two twentifications."

Claudia: "Last night I watched a movie with a happy ending — I was glad when it was over!"

Grace: "Well, TV is a medium that's neither rate nor well-done.  
Florine: "I once asked my John why escaped convicts always run to Canada?"

John: "Where else have they got Toronto?"

After Homecoming, we took leave of Leavey Hall; locals went home while the out-of-towners checked in at the Glendale Hilton for more bonding time.

That evening, 12 of us (the 8 gals and 4 guys) met at Florine's home for more celebrating. Birgith provided beautiful Norwegian open-faced sandwiches—true works of art! We ate, drank, and made merry, rocking on to the wee hours of 9 pm when some realized it was past their bedtimes.

On Sunday morning, the 12 "party animals" met at the Hilton for an all-you-can-eat breakfast. The Gruskins departed after all they could eat due to a previously planned friends' party (talk about party animals!).

The 1955B reunion culminated with 10 of us laughing our way through "Squabbles", a comedy playing at the Glendale Center Theater. It was a fitting end to our 55 years out of starch, and there were a few tears of laughter and sadness as we said our goodbyes."

Florine Campbell Ernst  
1625 Cleveland Rd.  
Glendale, CA 91202  
(818) 241-0527  
No email at present  
\*Dated 5/3/2010

"Just wanted to drop a note and thank the Alumni Association for planning and preparing the Homecoming event. The food was delicious and your method of serving it was a good idea, too. However, the "highlight" for me was having Dr Kaye speak. He was an intern during my era (1952B) and then went into private practice. I remember some of his patients too. I know he probably spoke longer than he was supposed to but everything he said was so interesting. Thanks again."

Mary Streit  
Class of 1952B  
2783 Hillcrest Drive  
La Verne, CA 91750  
(909) 622-5818  
\*Dated 5/9/2010

"Dear Ely,

Here are my dues—can't come to Homecoming again, and I am so sad about it. I wanted to be there to honor my fiends in the Class of 1960. I will be doing something for them even though I can't be there. My situation is in the process of changing. It will be a little while longer, but I am very hopeful that I will be attending next year. I would like to make it an annual event to be at Homecoming every year. Hope this finds all well with you. I look forward to visiting California and seeing all my friends, the alumni of California Hospital School of Nursing."

Dianne LaValle  
Class of 1980  
2211 Carol Dr.  
Murray, KY 42071  
\*Dated 3/3/2010

### **NurseMADE Reports**

I really look forward to Homecoming, not only to see friends but also all the beautiful items you all make for the NICU. The final products certainly show all the love that goes into each one. All the items are welcomed with smiles from the nurses and they grab what they want for their little ones with a lot of oohing and aahing. Thank you all so very much!

They do need isolette covers. They can be made of various materials, as yarn or yardage, only the size should be 36" x 44". I have enclosed a premature and newborn size chart which should help in determining the sizes needed for NICU patients.

2010 Homecoming NurseMADE items donated:

8 assorted colors and sizes of hats, along with 21 white medium hats, 3 green medium, and 2 multicolor medium hats.—donated by Beverly Boyle

17 multicolor bears for the Emergency Department—donated by Dagmar Lamy.

13 assorted colored/sized hats—donated by Jane Summers.

12 afghans (35" x 35" multicolor), 6 multicolor granny afghans,

137 hats in assorted colors/sizes— donated by Kathleen Gronos (and friend)

1 large pink afghan— donated by Barbara Jury

1 medium rose colored afghan, 2 small multicolored sweaters, 16 assorted color/sized hats—donated by Grace Mizuno

5 assorted colored/sized hats—donated by Carol Rogers

Grace (Kakuta) Mizuno  
Class of 1955

\*Dated 4/22/2010

### **2010 Homecoming Door Prizes Winners:**

\$50 Williams-Sonoma Gift Certificate: Carolyn Nelson, former faculty

Gift Basket: Gwen (Mask) Kruse, Class of 1960

Murano Glass Cheese Knife: Beverly Boyle, Class of 1953

Gift Basket: Marlene Hellman Hafer, Class of 1955

Murano Glass Butter Knife: Maria Etchepare, Class of 1984

Gift Basket: Sue Hostetler, Class of 1962

\$50 Williams-Sonoma Gift Certificate: Grace Mizuno, Class of 1955

Gift Basket: Claudia Stiver, Class of 1955

Flower arrangements: Haroldene Wiens, Class of 1962

Marguerite Boster, Class of 1950

Marie Earl, Class of 1952

Sandra Patterson, Class of 1966

Ruth Gonfa, Class of 1960

### **Other Notes on Homecoming 2010:**

We were honored to have several former instructors of CHSN attending this year, some for the first time. In addition to CHSNAA Board Officers/Members Barbara Jury and Margaret Souza, we welcomed Carolyn Nelson, Julianna Yap, Barbara Wohlford, Selma Gregg, Marilyn Child, and Gilda (I'm sorry I missed your name in my notes!). Thank you so much for your contributions to making us the nurses we are today!

**Premature and Newborn Size Chart**

Gestational Age (weeks)	Weight (pounds)	Height (inches)	Head Circumference (inches)	Abdominal
24	1.5	13.5	9	8
26	2	14	9.5	8.5
28	2.5	15	10	9.5
30	3	16	10.5	10.5
32	3.5	17	11.5	11
34	4.5	18	12.5	12
36	5.5	19	13	12.5

**Foot Sizes**

	Small preemie	Large preemie	Full term
Weight	1-3 pounds	3-5 pounds	6-10 pounds
Foot length	1 - 2 inches	2.5-3 inches	3-3.5 inches

**Baby Hat Sizes: \*all measurements represent size before the hat is stitched up**

<b>Full-Term: hat circumference 11-11.5 inches</b>	<b>Height = 7-7.5 inches</b>
<b>Large preemie: hat circumference 10.5 inches</b>	<b>Height = 6-6.5 inches</b>
<b>Medium preemie: hat circumference 9 inches</b>	<b>Height = 5-5.5 inches</b>
<b>Small preemie: hat circumference 8 inches</b>	<b>Height = 4-4.5 inches</b>
<b>X-small preemie: hat circumference 6 inches</b>	<b>Height = 3.5 inches</b>

The very best size blanket for the babies is approximately 30" x 40". Please cut out and save these tables for help in sizing your items.

Questionnaire for the California Hospital School of Nursing Alumni Association: mail to the PO Box

Please take your time to answer each question. Use separate pages for more space. Print clearly or type your responses; they will be recorded in the California Hospital Digital Archive & posted on the Archive's website.

Name: \_\_\_\_\_ Maiden Name: \_\_\_\_\_

Graduation Year: \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Grad year: \_\_\_\_\_

E-mail: \_\_\_\_\_

**May we contact you for photographs or for an interview?      Yes      No**

1. How old were you when you first thought about becoming a nurse? When did you definitely decide to become a nurse? What influenced this decision? (For example: a parent or teacher, fictional or real figure in history, a war, etc.).
2. How would you describe your background? Your parents? Did you come from an extended family or a smaller family unit?
3. What or who were your support systems prior to coming to CHSN? Did your support systems change?
4. What schools of nursing did you consider? Why did you choose California Hospital School of Nursing?
5. What do you recall of the application process? Who interviewed you? Was it an individual or group? One interviewer or more? Where was the interview held? What was it like?
6. What are your early memories of your first classes at the School of Nursing? Who were your first teachers? First impressions? What was California Hospital like when you arrived?
7. If applicable, what do you remember about moving into the dorm? Did you have a roommate? Was she someone you already knew? What was your first encounter like?
8. If applicable, what are some of your favorite memories of dormitory life? What social events stand out in your memory? Memories of study hours? Lock out? Housemothers?
9. What are some of your favorite memories of time spent in the Library? During study hours? After class? Doing research?
10. Where were you living before you came to California Hospital? If different from Southern California, what were your first impressions of the place?
11. What was downtown Los Angeles like when you arrived? Did any major events occur when you were at California Hospital? Refer to list below for examples of historic pivot points.

1941: The bombing of Pearl Harbor

1960-1974: Vietnam War

1942: The internment of Japanese Americans

1965: 5-year Delano Grape Strike

1943: Zoot Suit Riots

1965: Watts Riots

1944: End of WWII

1968: Assassination of RFK at Ambassador Hotel

1950: Korean Conflict

1969: Manson murders

1954: Opening of Disneyland

1973: Election of Tom Bradley, LA Mayor

1957: Dodgers come to LA

1984: LA hosts the Summer Olympics

12. What are your first memories of your early clinical experiences?
13. What are your memories of your capping ceremony?
14. What were your favorite classes in nursing school? Why?
15. What did you usually wear to school? Describe it?
16. Were there nurses or other hospital staff members who had a positive influence on you? Who were they?
17. What were your favorite floors to work on? Why? Least favorite? Why? What shifts did you like best? Least? Did you work for pay?
18. Who were your favorite patients to work with? Why? Can you remember any stories that illustrate This?
19. Who were your favorite doctors? Head nurses? Supervisors? Nursing instructors? Hospital administrators? Why? Can you remember any stories that illustrate why he or she was your favorite?
20. What are your memories of your Affiliations? What are they? Positive and negative? Be sure to Include specific information.
21. What do you remember about the cafeteria? Your favorites? Night lunch? Dorm food/snacks?
22. What do you remember about your graduation ceremony?
23. What was your first job in nursing after graduation? Was it in the area of nursing that most interested you? Did you remain in this area of nursing throughout your career?
24. What other areas of nursing did you pursue? What influenced your job/career changes?
25. If applicable, what college or school did you attend prior to and during your education at CHSN? Favorite classes? How did you commute to and from classes? If you drove, what kind of car did you have? Did you have any favorite teachers?
26. Did you pursue further education after graduation from CHSN? What degrees, certifications, etc, did you earn? From what colleges, universities, educational programs, etc?
27. Did you pursue a career (careers) other than nursing? What and why?
28. Have you received any form of recognition or acknowledgment apart from your nursing career? What were they associated with?
29. Did you join the military after graduation? Which branch? What was your rank at the time of discharge? Did you travel in the course of your service? If so, where? What are a few of your most memorable experiences while in the service?
30. What is the best thing about nursing to you?
31. What is the worst thing about nursing to you?
32. Why should we remember California Hospital School of Nursing?
33. Please include any other memories, experiences, or thoughts that you wish to share.



California Hospital School of Nursing  
 Alumni Association  
 PO Box 88585  
 Los Angeles, CA 90009

**\*\*Return Service Requested\*\***



**CHSN Alumni Association: Merchandise Price List**

Merchandise	Available Sizes (circle order)	Price/one	Price/two	Subtotal
Blue Sweatshirts w Gold CHSN Logo	L XL	\$15	\$25	
Blue Sweatshirts w Gold CHSN Logo	XXL XXXL	\$17	\$28	
White Polo Shirts w Blue CHSN Logo	L XL	\$15	\$25	
Tote Bags w CHSN Logo	N/A	\$10	N/A	
Fanny Pack w CHSN Logo	N/A	\$6	N/A	
Stainless Steel Travel Mug w CHSN Logo	N/A	\$10	N/A	
Wine/Burgundy Leather Planner/Organizer w embossed CHSN Logo	4" x 7"	\$12	N/A	
Navy blue Baseball Style Cap w Gold CHSN Logo	Adjustable	\$8	N/A	
CHSNAA Memory Cookbook	N/A	\$20	\$40	
Deck of Nursing History Cards	N/A	\$5	\$10	
Commemorative CHSN Display Brick	Variable Appearance	\$25 on site \$40 w S/H		

Shipping & Handling \$5, not including Brick (see pricing)  
 \$\_\_\_\_\_ S/H

Total \$\_\_\_\_\_

Make checks payable to  
 CHSN Alumni Association

Please print legibly

Ship to:

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip Code \_\_\_\_\_

Phone \_\_\_\_\_

(\_\_\_\_\_) \_\_\_\_\_

Pickup arrangements must be made with  
 CHSNAA Board member

**Homecoming 2010 will be Saturday, April 9, 2011. Start planning now—reserve the day!**

**Honored Class for 2010: the Class of 1961 (50 years)**

**Other honorees: to be announced**

**Submissions for *The Pulse* may be sent to the PO Box or emailed to the Editor. Please include a CHSN identifier(s) in the email subject line/message if any attachment(s) enclosed.**